



LPN to RN Competencies

The following list refers to LPN/LVN competencies.

You will be **required** to show proficiency of these skills to enter the ARNEC Program. This will be done at your campus as schedule by the clinical coordinator or Program Chair.

Assisting with Elimination Administering an enema Applying external catheter Providing bed pan/urinal Monitoring intake and output Removal of fecal impaction (understanding) Catheterization and care Removal of catheter Suprapubic catheter care Urinary diversion care Colostomy care	Parenteral Medication Administration Reconstitution of med from a powder form Mixing medication from a vial Subcutaneous injections Intradermal injections Intramuscular injections Drawing up med from an ampule
Basic Sterile Techniques Sterile Field preparation Sterile gloving Surgical Scrub and gowning	Physical Assessment Circulation checks Skin checks Neuro checks Lung sounds Bowel sounds
Enteral Nutrition Administering a tube feeding Inserting a nasogastric tube Checking placement of a nasogastric tube Flushing a nasogastric tube Removal of a nasogastric tube	Professional Nursing Practice Documentation Reporting Delegation (LPN Scope of Practice)
Facilitating Communication Nurse-patient relationship Interviewing Therapeutic Communication	Promoting Hygiene Bathing Making occupied/unoccupied bed Hair/shampoo/shaving Foot/nail care Denture/oral care Feeding a dependent patient
Intravenous Access Initiating an IV IV Fluid administration Initiating a Piggy Back IV Push medications Blood draws Saline lock Discontinuing IV	Promoting Oxygenation Oxygen administration Airway – invasive (understanding) Airway Trach/endotracheal tube Airways (oral and nasal)

<p>Lab Tests</p> <p>Urinalysis Gastrointestinal content alterations Sputum specimen Nose/throat cultures Wound drainage specimens Blood glucose monitoring</p>	<p>Safety</p> <p>Fall prevention Applying restraints Transfers/repositioning Ambulation (gait belt) Range of Motion Mechanical Lifts Assistive devices Anti-embolic stockings Continuous Passive motion</p>
<p>Medical Aseptic Techniques</p> <p>Hand hygiene Non-sterile gloving Applying Personal Protective Equipment</p>	<p>Vital Signs</p> <p>Temperature Pulse (apical/radial) Respirations Blood pressure Pulse Oximetry Pain</p>
<p>Non –Parenteral Medication Administration</p> <p>Safe Medication Administration (6 rights) Oral Nasogastric/gastric tube Topical Eye/ear Metered dose inhaler Small volume nebulizer Rectal/vaginal</p>	<p>Wound care</p> <p>Surgical wound care Drainage device monitoring/measuring Removal of sutures/staples/apply steri-strips Pressure ulcer treatment Dressings/binders/bandages Wound vacuum/closure Heat/cold therapy Warm Moist compress</p>