



## LPN to RN Competencies

The following list refers to LPN/LVN competencies.

You will be **required** to show proficiency of these skills to enter the ARNEC Program. This will be done at your campus as schedule by the clinical coordinator or Program Chair.

<b>Assisting with Elimination</b> Administering an enema Applying external catheter Providing bed pan/urinal Monitoring intake and output Removal of fecal impaction (understanding) Catheterization and care Removal of catheter Suprapubic catheter care Urinary diversion care Colostomy care	<b>Parenteral Medication Administration</b> Reconstitution of med from a powder form Mixing medication from a vial Subcutaneous injections Intradermal injections Intramuscular injections Drawing up med from an ampule
<b>Basic Sterile Techniques</b> Sterile Field preparation Sterile gloving Surgical Scrub and gowning	<b>Physical Assessment</b> Circulation checks Skin checks Neuro checks Lung sounds Bowel sounds
<b>Enteral Nutrition</b> Administering a tube feeding Inserting a nasogastric tube Checking placement of a nasogastric tube Flushing a nasogastric tube Removal of a nasogastric tube	<b>Professional Nursing Practice</b> Documentation Reporting Delegation (LPN Scope of Practice)
<b>Facilitating Communication</b> Nurse-patient relationship Interviewing Therapeutic Communication	<b>Promoting Hygiene</b> Bathing Making occupied/unoccupied bed Hair/shampoo/shaving Foot/nail care Denture/oral care Feeding a dependent patient
<b>Intravenous Access</b> Initiating an IV IV Fluid administration Initiating a Piggy Back IV Push medications Blood draws Saline lock Discontinuing IV	<b>Promoting Oxygenation</b> Oxygen administration Airway – invasive (understanding) Airway Trach/endotracheal tube Airways (oral and nasal)

<p style="text-align: center;"><b>Lab Tests</b></p> <p>Urinalysis Gastrointestinal content alterations Sputum specimen Nose/throat cultures Wound drainage specimens Blood glucose monitoring</p>	<p style="text-align: center;"><b>Safety</b></p> <p>Fall prevention Applying restraints Transfers/repositioning Ambulation (gait belt) Range of Motion Mechanical Lifts Assistive devices Anti-embolic stockings Continuous Passive motion</p>
<p style="text-align: center;"><b>Medical Aseptic Techniques</b></p> <p>Hand hygiene Non-sterile gloving Applying Personal Protective Equipment</p>	<p style="text-align: center;"><b>Vital Signs</b></p> <p>Temperature Pulse (apical/radial) Respirations Blood pressure Pulse Oximetry Pain</p>
<p style="text-align: center;"><b>Non –Parenteral Medication Administration</b></p> <p>Safe Medication Administration (6 rights) Oral Nasogastric/gastric tube Topical Eye/ear Metered dose inhaler Small volume nebulizer Rectal/vaginal</p>	<p style="text-align: center;"><b>Wound care</b></p> <p>Surgical wound care Drainage device monitoring/measuring Removal of sutures/staples/apply steri-strips Pressure ulcer treatment Dressings/binders/bandages Wound vacuum/closure Heat/cold therapy Warm Moist compress</p>