



**MEDICAL EDUCATION DIVISION
MENTAL AND PHYSICAL ABILITIES STATEMENT**

You should be aware of the mental and physical abilities required in the Medical Education programs. These same abilities will likely be needed for a successful professional career.

1. Working in a standing position and walking for extended periods of time.
2. Lifting a minimum of 50 pounds, 6 inches from a bending position, then pushing/pulling/pivoting weight up to 3 feet.
3. Lifting and transferring patients to accomplish transition to and from various surfaces.
4. Applying up to 10 pounds of pressure to bleeding sites and performing CPR.
5. Responding and reacting immediately to auditory instruction, requesting, and/or monitoring equipment, performing auscultation without auditory impairment.
6. Performing up to twelve hours in a clinical laboratory setting.
7. Performing close and distant visual activities which may include but not limited to people, paperwork, objects, depth, and color perception.
8. Discriminating between sharp/dull and hot/cold when using hands.
9. Performing mathematical calculations for medication preparation/administration.
10. Communicating effectively, both orally and in writing, using appropriate grammar, spelling and vocabulary.
11. Recognizing authority and following the appropriate chain of command.
12. Reacting appropriately and professionally under stressful situations.